


# JANUARY 2019

Assisted Living & Intermediate Care (SUBJECT TO CHANGE)

un.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		<b>1 (NO ACTIVITIES)</b> <b>HAPPY NEW YEAR</b>	<b>2</b> 1015AM EXERCISE 1130AM NOODLE HOCKEY 2PM BINGO 330 PUZZLE TIME	<b>3</b> 1015 AM KICKBALL IN CIRCLE/WITH MUSIC 1115AM WINTER CRAFT 2PM MANICURE/HAND MASSAGES	<b>4</b> 1015AM EXERCISE 1115AM LEFT RIGHT CENTER 2PM DOMINOS 3PM WALKS IN THE BUILDING	<b>5</b>  AIRBORN PRODUCTS REP COMING @1030AM IN ASSISTED AND 11AM AT I.C.
6	<b>7</b> 1030AM BOOKCLUB LUNCH BUNCH @ NOON ***** 1115 WORD GAME  245 TENDERHEART AT IC	<b>8</b> 1015AM EXERCISE 1115 WINTER CRAFT 1215 TRIVIA 2PM BINGO	<b>9</b> 1030 BOUTIQUE OUTING ***** 10AM EXERCISE 2PM HYMNS FOR HIM IN ASSISTED***** 2PM WINTER CRAFT IN IC.. 3PM PUZZLE TIME AND SNACKS  4PM YOGA WITH MEG IN A.L.****	<b>10</b> 1015 EXERCISE WITH BANDS /MUSIC 1115AM WINTER CRAFT 2PM MANICURES/HAND MASSAGES  2PM GENESEE LIBRARY SPEAKER A.L.***** 230 PM GENESEE SPEAKER IN I.C. 3PM WORD GAME	<b>11</b> 1015AM EXERCISE 11AM BOOK CLUB 12 NOON YATZEE 2PM FOOD DEMO	<b>12</b>
13	<b>14</b> 1015 EXERCISE  COURTNEY DEMO @11IN I.C. ***** 12 NOON BOOK CLUB  245 TENDERHEART AT IC	<b>15</b> 1015 KICKBALL CIRCLE 1115AM WINTER CRAFT 1215 CURRENT EVENTS 2PM BINGO	<b>16</b> 1015AM EXERCISE 11AM LEFT R CENTER GAME IN A.L. 2PM IN I.C. JEWELRY MAKING  ELVIS ENTERTAINER @1030 IN IC 2PM AT ASSISTED *****	<b>17</b> 1015AM CIRCLE BALLOON VOLLEY 1115AM RUMMY/ CARD GAMES 1215 BOOK CLUB READING ALOUD 2PM WINTER CRAFT/PAINTING	<b>18</b> MOVIE THEATER TRIP @ APROX 11AM ***** 1015 EXERCISE 1115AM DOMINOS 2PM CARDS GAMES	<b>19</b>
20	<b>21</b> VERN MUSIC @2 IN A.L.***** VERN MUSIC @10AM IN I.C.  1015AM RUMMY IN ASSISTED 1115AM EXERCISE IN ASSISTED 1115AM BOOK CLUB IN IC.  245 TENDERHEART AT IC	<b>22</b> 1015 BALLOONS& NOODLES WINTER CRAFT AT 2PM  DRUMMING AT 11 IN IC. *****  DANIEL MUSIC @1130 IN ASSISTED *****	<b>23</b> LUNCH BUNCH AT NOON***** 1015AM EXERCISE 1115AM DOMINO GAME 2PM TRIVIA/ CURRENT EVENTS 3PM HAND MASSAGES	<b>24</b> 1015AM KICK BALL CIRCLE 1115AM WINTER CRAFT 1215 BOOK CLUB READ ALOUD 2PM SORRY /BOARD GAMES 3PM FOOT SOAKS/MASSAGE	<b>25</b> 1015AM BAND EXERCISE 1115AM YATZEE 1215 CURRENT EVENTS 2PM WORD GAME 3PM HAND MASSAGES	<b>26</b>
27	<b>28</b> 1015 BOOK CLUB 1115 IN ASSISTED LEFT R CENTER  DANIEL MUSIC @ 1130AM IN I.C. ***** 245 TENDERHEART AT IC	<b>29</b> 1015AM EXERCISE 1115AM YATZEE 2PM BINGO DRUMMING AT 11 IN I.C.*****  5PM CHILT COOKOFF EVENT****	<b>30</b> 1015AM EXERCISE 1115AM WINTER CRAFT 230PM RUMMY/ CARD GAMES  MOVIES AT THE THEATER***** APROX 11AM	<b>31</b> 1015AM BALLOON VOLLEY 1115AM WINTER CRAFT 1215 TRIVIA 2PM YATZEE 3PM SING A LONG (BOOKLETS TO FOLLOW)		

