




MARCH 2019



Memory Care (SUBJECT TO CHANGE)



Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1 10AM KICKBALL CIRCLE 11AM CARD MAKING 2PM CRAFT 3PM INDOOR WALKS	2 12NOON EXERCISE 2PM CRAFT 3PM PUZZLES/ COLOR 4PM CARD MAKING
3 12NOON EXERCISE 2PM CRAFT 3PM PUZZLE / COLOR 4PM SING A LONG	4 10AM HOT POTATO 11AM OLD MAID 12NOON BOOK CLUB 2PM ROOM VISITS/WALK CLUB 245PM TENDER HEART (ON LIST) *****	5 10AM DRUM THERAPY 11AM NOODLE HOCKEY 12NOON MARDI GRAS TRIVIA AND JELLY DONUTS 2PM MARDI GRAS CRAFT	6 10AM VG CHAIR YOGA 1040AM YATZEE 1130AM JAZZ MUSIC WITH GREG***** 2PM PAINTING 3PM REMINISCING	7 10AM BAG TOSS 11AM ST PATTY CRAFT 2PM BALLOON VOLLEY NET 3PM COLOR & FOLD THERAPY	8 10AM INDOOR WALK CLUB 1045AM BINGO 12NOON BOOK CLUB 2PM WINTER PAINTING 3PM ROOM VISITS/MOVIE ON	9 12NOON EXERCISE 2PM CRAFT 3PM PUZZLES/ COLOR 4PM CARD MAKING
10 12NOON EXERCISE 2PM CRAFT 3PM PUZZLES/ COLOR 4PM CARD MAKING	11 10AM VG CHAIR YOGA 11AM BOOK CLUB 1130AM FOOD DEMO WITH COURTNEY***** 2PM MATCH GAME 245PM TENDERHEART *****	12 10AM KICKBALL CIRCLE 11AM MANICURES 12NOON OLD MAID 2PM WINTER CRAFT 3PM IN DOOR WALKS	13 10AM EXERCISE WITH MUSIC 1045AM BOOK CLUB 2PM KICKBALL CIRCLE 3PM PAINTING	14 10AM EXERCISE WITH BANDS 1045AM WINTER CRAFT 12NOON ROOM VISITS 2PM NOODLE HOCKEY 3PM BOOK CLUB AND PUNCH	15 10AM HOT POTATO 11AM IN DOOR WALKS 1145AM YATZEE 2PM HAND MASSAGES 245PM ST PATTY PARTY!!!!	16 12NOON EXERCISE 2PM CRAFT 3PM PUZZLES/ COLOR 4PM CARD MAKING
17 	18 10AM VG CHAIR YOGA 11AM COLLAGE MAKING 1130 MUSIC WITH VERN!!! 2PM HAND MASSAGES 245PM TENDERHEART (ON LIST)	19 10AM JEWELRY MAKING 1130AM OLD MAID 2PM CARD MAKING 3PM FACIALS	20 10AM BAG TOSS 11AM WORD GAME 1150AM DICE GAME 2PM FOOT SOAKS 3PM BALLOON VOLLEY	21 10AM EXERCISE 1015AM MUSIC WITH DAINIEL ***** 12NOON HAND MASSAGES 2PM VFW BINGO ***** 315PM ROOM VISITS	22 10AM VG CHAIR YOGA 1045AM NOODLE HOCKEY 12NOON BAG TOSS 2PM DICE GAME 3PM PAINTING	23 12NOON EXERCISE 2PM CRAFT 3PM PUZZLE / COLOR 4PM SING A LONG
24 10AM KICKBALL CIRCLE 11AM CARD MAKING 2PM PAINTING 3PM FOLDING THERAPY	25 10AM NOODLE HOCKEY 11AM HOT POTATO 12NOON PAINTING 2PM HAND MASSAGES /MANICURES 245PM TENDERHEART	26 10AM INDOOR WALKING 11AM MATCH GAME 12NOON SORTING 2PM FOLDING THERAPY 3PM EXERCISE WITH MUSIC	27 10AM BAG TOSS 11AM WINTER CRAFT 12NOON REMINISCING 2PM SEQUENCE 3PM COFFEE AND CONVO	28 10AM HOT POTATO 11AM HAND MASSAGES 12NOON IN WALKS 2PM COLLAGE MAKING 3PM OLD MAID	29 10 AM EXERCISE 11AM BOOK CLUB 12NOON SING A LONG 2PM WINTER CRAFT 3PM ROOM VISITS	30 10AM KICKBALL CIRCLE 11AM CARD MAKING 2PM PAINTING 3PM FOLDING THERAPY